

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lawrence Aphane

Has successfully participated & completed the

15km Cowhouse Autumn Trail Run 2018

held at Cowhouse Market.

TIME 01:39:03

PACE 06:36/km

OVERALL 20 of 29

28 April 2018, Sat

Date

GENDER 13 of 14

OPEN 7 of 8



BoutZime

Signature